



It's time to kick off a new school year!

Your Employee Assistance Program (EAP) can help.

Summer is ending, which means school bells will soon be ringing. It's time for new clothes and school supplies. And it's time to get ready to help your child succeed. Your Employee Assistance Program (EAP) can help with tips and resources for school success. Plus, check out our online database with useful information on public and private schools, and on special needs and gifted children. Log in to our website this month to read these featured articles. They're under the **Monthly Promotion** tab in the **Centers** section:

- Helping your child succeed in school
- Questions parents ask about schools: Introduction
- Questions parents ask about schools: Working with schools and teachers
- Choosing a school: Things to consider

Visit our website or call for free, confidential help from our team of EAP experts.*

855-223-9277

Website: anthemEAP.com

Login: Commonwealth of Virginia



*In accordance with federal and state law, and professional ethical standards, all information you provide is confidential.

This document is for general informational purposes. Check with your employer for specific information on the services available to you.

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