



JOIN THE MOVEMENT. CELEBRATE WORLD NO TOBACCO DAY THIS MAY 31.

Enroll in the Quit For Life® Program today, and join millions of people around the world celebrating freedom from tobacco on May 31. When you enroll, a Quit Coach® will help you create an easy-to-follow quitting plan individualized with your tobacco use in mind.

Enroll Today and celebrate May 31 as your tobacco-free anniversary for years to come.

It's **FREE**. It's Confidential. It Works.

1.866.QUIT.4.LIFE | www.quitnow.net/commonhealth
 (1.866.784.8454)



Quit For Life® Program



The Quit For Life® Program is brought to you by the American Cancer Society® and Alere Wellbeing. The two organizations have 35 years of combined experience in tobacco cessation coaching and have helped more than 1 million tobacco users. Together they will help millions more make a plan to quit, realizing the American Cancer Society's mission to save lives and create a world with more birthdays.

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